



IF YOU GIVE A TEACHER TIME...

...they'll use it to focus on being healthier.

The YMCA is here to help you on your road to a stronger, happier, healthier you! Take advantage of our **ISD Membership Program**. It's easy!

You and your family can experience the Y with a **complimentary 2-week trial membership** to "Try the Y".* Simply bring proof of employment and photo ID.

